



Details about Ramana Maharshi



Ramana's Awakening

In 1896 the 16-year-old boy Venkataraman challenged death by a penetrating enquiry into the source of his being. The following awakening intuitively led him to the holy mountain Arunachala in South India. Here he spent years of solitude meditating in temples and caves.

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Later in life he became known as Bhagavan Sri Ramana Maharshi and attracted many spiritual seekers to his ashram on the foothill of Arunachala mountain. Every visitor received teachings according to their own level of understanding and priority for freedom. Often, he would simply transmit his teachings through deep silence, or he would teach the method of [Self-Enquiry](#).

“Just drop all seeking, turn your attention inward, and sacrifice your mind to the One Self radiating in the Heart of your very being.”

Books about Ramana Maharshi

Aham Sphurana – A Glimpse of Self Realisation

Fascinating dialogues and stories of Sri Ramana Maharshi recorded by Sri Gajapathi Aiyer in the summer 1936, at Ramana Ashram.

This book contains a selection from the complete manuscript *Aham Sphurana*. This selection, a brilliant treasure, speaks for itself. Beside the detailed teachings on Self-Enquiry, Surrender and *Jnana*, it exposes a new glimpse of Bhagavan's personal day-to-day life at fifty-six, in his middle age.

The Book is available in English and German, as Ebook and Paperback.



About Ramana Maharshi

You can browse the comprehensive content [about Sri Ramana Maharshi](#). He would simply transmit his teachings through deep silence, or he would teach the method of Self-Enquiry.

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Company Name: John David International Satsang

Address: Rheinstr. 54, Hitdorf (close to Cologne),
Hitdorf, Germany

Phone No: 0049 (0)2173 4099204

Email: office@johndavidsatsang.international

Website: <https://johndavidsatsang.international/>

