



## Order High-quality Nepali Handicrafts Online at Best Cost

Buddhists and Hindus in Nepal and other regions of South Asia frequently utilise Nepal beads, which are a form of prayer bead. The materials used to create these prayer beads include seeds, wood, bone, and precious stones.

Rudraksha seeds are the most common material used to make Nepal bead mala. These seeds are considered to offer calming and balancing effects on the wearer and are said to have healing and spiritual qualities.

Although some variants may contain 27 or 54 beads, the standard Nepal bead mala has 108 beads. The mala is used to count these prayers or mantras during meditation or prayer. It is thought that each bead represents a mantra or prayer.



Besides Rudraksha seeds, Nepal bead mala may also contain other organic components like sandalwood, lotus seeds, or bone. It is believed that using these organic components will improve the mala's spiritual qualities.

There are many different types of Nepal bead malas available, from simple and traditional to more intricate and decorative. These can be purchased from regional marketplaces or online Nepal craft sellers.

Overall, the Nepal bead mala is a well-liked and significant spiritual accessory for individuals who engage in yoga, meditation, or prayer. They act as a reminder of the wearer's spiritual aspirations and ambitions in addition to being a tool for counting prayers.

There are different types of Nepal beads mala products available, varying in materials, design, and purpose. Here are some of the most popular types:



**Rudraksha Mala:** This is the most common type of Nepal beads mala and is made from Rudraksha seeds. It is believed to bring peace, tranquility, and spiritual growth to the wearer.

**Sandalwood Mala:** A aromatic wood known as sandalwood is said to offer relaxing and centering effects. To improve spiritual practises, many people use a sandalwood mala during meditation and prayer.

**Lotus Seed Mala:** Lotus seeds are frequently utilised in meditation and prayer because they are said to symbolise spiritual enlightenment. The wearing of a lotus seed mala is supposed to promote inner harmony and calm.

**Bodhi Seed Mala:** Bodhi seeds are frequently utilised in meditation and prayer for spiritual development and transformation since they are thought to reflect the Buddha's enlightenment.

Get in touch with Nepal Handicraft Product Exporter today if you are looking for [best Nepal bead products](#) or other Nepali Handicrafts Online. Choose from our wide range of Nepal beads mala products.

**Contact Us Now!**

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**THANK YOU**